

# *Northeast Florida State Hospital*

*APA - Accredited*

*Doctoral Psychology Internship Program*



*Macclenny, Florida*

*2018-2019 Training Year*

*Updated July 2017 for candidates applying for internship fall 2017*



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## **NORTHEAST FLORIDA STATE HOSPITAL**

Since 1959 Northeast Florida State Hospital (NEFSH) has provided continuous service to people with serious mental illnesses who require a residential treatment environment. NEFSH is the largest provider of inpatient, civil mental health services in the State of Florida, providing services to over 600 residents at any given time. Residents with civil commitment orders occupy most of the facility, while approximately 20% of the residents are forensically committed as either Not Guilty by Reason of Insanity or Incompetent to Proceed to Trial. Individuals served at this hospital include adult men and women spanning all age groups. Common diagnoses include schizophrenia spectrum disorders, mood disorders, neurocognitive disorders, and personality disorders.

NEFSH is one of three state inpatient psychiatric facilities in Florida operated by the Department of Children and Families, providing treatment for chronic and persistent severe mental illness (SMI).

The hospital encompasses 310 acres with 44 major buildings. The individuals served by NEFSH reside on “living areas” located across campus. During designated times, residents can be seen moving freely about campus and frequenting the “Mirage Mall,” a common area on campus that includes a cafe, hair salon, bank, gift shop, library, music room, and craft room. The campus also includes a chapel, gym, game room, and a plant nursery. Recreational events designed to increase positive social interactions and promote stress reduction are also provided. Additional services include a community re-entry vocational work program and training available in carpentry, horticulture, retail, and facility/grounds maintenance.

In 2000 NEFSH was honored as the Governor's Sterling Award Winner for Organizational Performance Excellence. Additionally, NEFSH has been accredited by the Commission on Accreditation of Rehabilitation Facilities since 2009.

## **PSYCHOLOGY INTERNSHIP MISSION & GOAL**

The overall goal of internship training at NEFSH is to produce generalist adult psychology practitioners who demonstrate the capacity to function autonomously and responsibly. Further, interns are prepared for public service with adults in an agency environment that uses an interdisciplinary team approach.

The internship program is designed to encourage each trainee to build a professional identity which capitalizes on his or her own capabilities and personal style. Interns take part in the diverse diagnostic and therapeutic challenges of an inpatient psychiatric hospital setting. They are encouraged to test skills and reappraise theoretical constructs in a supervised training environment, and to evolve their own identity as a vital member of an interdisciplinary mental health treatment team.

The training program's philosophy is that experiential learning most effectively takes place through guided exposure, mentoring, opportunities for self-reflection, and supervised practice with clinical populations.

## **PSYCHOLOGY DEPARTMENT**

Currently, the Psychology Department includes six full-time licensed psychologists, two post-doctoral residents, eight Master's level clinicians, one social worker dedicated to forensic discharge services, three psychology interns, three behavior program specialists, and one full time administrative assistant.

The Psychology Department provides multiple services for the hospital. These services include performing psychological evaluations, risk assessments, admission and discharge evaluations, individual and group therapy, and psychosocial skills training. Members of the psychology department also participate in treatment team meetings, serve as consultants, and provide the court system with forensic updates as required by Florida Statute.

## **INTERNSHIP PROGRAM**

The NEFSH Doctoral Psychology Internship Program was inaugurated in September 1993 and was first accredited by the American Psychological Association (APA) in July 2001. The internship program's last site visit from APA resulted in seven additional years of accreditation and the next site visit is scheduled for 2020. The internship is a flexible, individualized training experience focused on public service to underserved adults diagnosed with serious mental illness. An intern's training year consists of two, six month major rotations. Optional minor rotations are available and they may run concurrently with major rotations. Major rotations are assigned to interns based on an intern's training goals, previous experiences, and supervisor availability.

The goal of this internship is to facilitate the transitional process from student to a professional health service psychologist. Faculty members are committed to helping interns become competent in clinical skills and confident professionals. Interns are encouraged to integrate the contributions of science with the realities of everyday clinical practice in a defined setting. Interns are supported as they adopt an attitude of critical thinking that is scientifically informed and tempered by skepticism and flexibility. For example, interns are encouraged to consider a range of ways to view a problem, assess possible approaches, plan therapeutic interventions, and maintain or change strategies based on an analysis of outcome measures.

Through this training, as well as through observation, supervised practice, and didactic presentations, prepared doctoral trainees will increase their knowledge and proficiency in the application of psychological principles. These principles include an understanding of psycho-legal issues, delivery of core clinical services to persons with severe and persistent mental illness, and consulting and interfacing productively in an interdisciplinary, inpatient setting.

Training objectives are met through a variety of supervised experiences in the inpatient hospital environment. These experiences include direct observation, individual supervision, group supervision, and weekly didactic seminars. Over the course of the training year, interns will refine their clinical skills in the areas of group therapy, individual therapy, diagnosis, case conceptualization, report writing, clinical interviewing, and assessment with individuals with serious mental illness. Interns will have the opportunity to serve on a holistic, recovery focused multidisciplinary treatment team. In addition, interns often have the opportunity to develop forensic skills such as court report writing, competency restoration training, risk assessment, assessment of response style, and assessment for the need for continued hospitalization. To function effectively in this program, an intern needs to exhibit strong writing skills in order to produce well-organized, well-reasoned documentation for the medical records and for civil and criminal courts. Furthermore, an intern should demonstrate willingness, interest, and clinical maturity to provide services to individuals with severe mental illness.

Opportunities for specific training experiences are determined by the needs of the residents and hospital, as well as an intern's training goals and supervisor availability. Training opportunities to provide evidence-based group and individual therapies, brief counseling, and assessment are consistently available on all major rotations. Internship training also emphasizes trauma-informed care in all interactions with residents. Depending on staff availability and interest, the data-rich environment of NEFSH makes conducting research possible.

Aspiring psychologists who complete internships at NEFSH go on to find employment in the field of psychology in a variety of settings, such as prisons, Veteran Affairs' clinics, private hospitals, and private practice. A list of interns and their post-internship employment is included on the final pages of the brochure. The reader will note that many interns elect to stay for postdoctoral supervision and staff jobs at NEFSH when available.

## **LICENSURE PREPARATION**

The internship program is designed to help qualified trainees prepare for licensure as a psychologist in the state of Florida. The requirements for licensure as a psychologist in Florida are among the most rigorous in the country, including the completion of a 2,000-hour internship. The impressive number of supervision hours provided to interns, as well as opportunities for direct client contact also prepare interns for licensure in Florida and other states. The internship program broadly, and supervisors specifically are dedicated to working with interns to meet the specific state licensure requirements. In addition to Florida, previous interns have become licensed in the states of Hawaii, Louisiana, California, Maryland, New York, Texas, Idaho, Indiana, Virginia, Pennsylvania, and Georgia.

## **MAJOR ROTATIONS**

All NEFSH interns are expected to complete two major rotations, each lasting six months. Several rotation assignments are available including an Adult Inpatient/SMI rotation, Geriatric rotation, and Forensic rotation. All rotations provide experience in group therapy, individual therapy, diagnosis, consultation, supervision, and formal psychological assessment. While the internship program has consistently offered all rotation options, rotation assignments are based on hospital resources, supervisor availability, and intern interests. Further, decisions about rotation assignments are collaboratively made in a process that involves interns, supervisors, and the Director of Internship Training.

An intern completing an Adult Inpatient/SMI rotation is assigned to a male or female living area and serves as a member of a multidisciplinary treatment team. Multidisciplinary treatment team meetings are held for all residents on a regular weekly schedule. Interns participate in these meetings and develop skills on how to present relevant clinical information about the residents to a diverse professional audience, including progress towards discharge. Interns working on an Adult Inpatient/SMI rotation maintain a reasonable caseload of residents for whom they are responsible for providing mental health services.

The Geriatric rotation is offered in a specialized setting with an emphasis on providing services to those 65 years or older. In addition to having severe mental illnesses, the residents served on a Geriatric rotation typically have complex medical needs. The Geriatric rotation is structured similar to the Adult Inpatient/SMI rotation. Additionally, if an intern is interested, there are opportunities to participate in the assessment and treatment of neurocognitive disorders.

The Forensic rotation is a hospital-wide experience in which interns work with residents who have been found Incompetent to Proceed (ITP) or Not Guilty by Reason of Insanity (NGI). The Forensic rotation primarily consists of completing court evaluations on residents committed as either ITP or NGI. Interns working on the Forensic rotation learn how to conduct and write ITP evaluations and make recommendations regarding a resident's abilities to meet Florida competency criteria. Further, interns complete evaluations and make recommendations regarding continued involuntary hospitalization for residents committed to the hospital as NGI. Formal psychological assessment on the Forensic rotation is conducted to assist in answering forensic related questions such as malingering, violence risk, and competency restoration. The forensic rotation offers unique experiences that demonstrate the intricacies and nuances that are present between the law and mental health treatment.

Regardless of rotation assignments, all interns provide group treatment to residents. Previous group therapy experiences have included facilitation of evidence-based treatments such as Seeking Safety, Social Skills for Schizophrenia, and Illness Management and Recovery. Additional group treatment opportunities include facilitation of competency restoration groups and NGI psychoeducational groups.

To clarify diagnostic issues, interns administer, score, and interpret psychological assessments. Over the course of the training year, interns complete a minimum of five psychological testing assessments (2-3 per major rotation). Interns also have the opportunity to complete additional integrated reports. The psychology department has a wide range of psychological tests and screeners available. A few of the most frequently used assessments include the following: WAIS-IV, WRAT-4, WMS-IV, MMPI-2, MMPI-2 RF, PAI, MCMI-III, TAT, Rorschach, HCR-20 v3, SIRS-2, PCL-R, TOMM, RBANS.

### **MINOR ROTATIONS**

Minor rotations are optional and are negotiated under consultation with the major rotation supervisors. Minor rotation activities are designed to enhance an intern's professional development and to fit best within his or her overall training goals. If approved, the minor rotation averages four to eight hours per week. In the past, available minor rotations have included assessment of those with SMI, neuropsychological screening, substance abuse treatment, DBT informed treatment, hospital administration, behavior modification, and forensic assessment. Should an intern have a specific area of interest, an attempt will be made to accommodate training in that area. Minor rotation supervisors will offer training and provide supervision.

### **SUPERVISION**

All major rotation supervisors are licensed psychologists in Florida. Rotation supervisors practice within a variety of theoretical orientations including cognitive, behavioral, dynamic, interpersonal, humanistic, and integrative. Supervision is provided through various modes including didactic, observation, modeling, case review, discussion, and collaborative work. Interns receive a minimum of four hours per week of clinical supervision from internship faculty, members of the Psychology Department, and other hospital staff. Interns will receive two hours per week of individual face-to-face clinical supervision with their major rotation supervisor. Interns will find that they receive additional informal supervision and training as they work with their rotation supervisors on a daily basis. If completing a minor rotation, interns will receive a minimum of a half hour per week of supervision from the minor rotation supervisor. Interns also receive two hours of group supervision per week. Topics discussed during group supervision include therapy case formulation, differential diagnosis, case conceptualization, therapeutic interventions, professional and ethical issues, and any pertinent process related topics that arise during the training year.

### **SEMINAR SERIES**

A year-long didactic seminar series is scheduled for one and a half hours every week. The seminar series is designed to promote professional development, increase professional knowledge, and provide increased understanding of specialized topics. Past seminars have included topics related to diagnosis, medication, trauma, forensic commitment, civil commitment, substance abuse assessment/treatment, sexual offender evaluation and treatment, neuropsychology, crisis intervention, evidence based treatments, and post internship issues. While seminars with a focus on multicultural competence are offered at various times throughout the internship year, the internship program also sponsors the Annual NEFSH Diversity Seminar Series in the

spring. These seminars focus on increasing awareness of one's own assumptions, values, and biases, as well as developing a more rounded understanding of different world views and culturally sensitive intervention strategies. Past presentations incorporated in the Diversity Seminar Series included treatment with Latin populations, exploring aspects of privilege, treatment and intervention with sexual minorities, and exploring research and treatment among individuals with physical disabilities.

### **ADDITIONAL TRAINING EXPERIENCES**

Interns will gain additional training through case discussions with other hospital professionals. There will be opportunities to participate in hospital meetings and in-service programs offered by hospital staff or presented by individuals external to the hospital. Interns are also offered the opportunity to take field trips to relevant professional conferences, a Florida Board of Psychology meeting, and local professional association meetings. Other opportunities and/or field trips may be arranged based on the interest of the interns and the availability of training staff. For example, tours of Florida State Hospital, Northeast Florida Treatment and Evaluation Center, and Florida State Prison have been offered in past years.

### **EVALUATION**

The internship evaluation process is continuous and mutual. An intern's performance during the major rotation is formally assessed at the midpoint and again at the end of the rotation. Performance on minor rotations is assessed at the end of the rotation. Interns also rate the sufficiency of their supervision and training experience at the midpoint and end of each rotation, after each seminar, and in a written exit survey.

### **PERSONNEL POLICIES**

*The State of Florida is an Equal Opportunity Employer/Affirmative Action Employer and does not tolerate discrimination or violence in the workplace.*

Benefits: This internship is a full time, one year, 40-hour per week position to be completed over twelve consecutive months. The program is designed to provide a 2,000 hour experience with at least 25% of the intern's time in face-to-face client contact. Leave time may be arranged for attending training opportunities and dissertation related activities. Interns may request paid leave time to attend a professional conference of their choice. Interns receive time off for nine state holidays and one personal day. Interns also accrue vacation and sick leave. Interns who do not complete their training hours due to excessive absences may be allowed to complete the internship as a volunteer at the facility until the hours are accrued.



Training Stipend: The hospital provides a salary of approximately \$22,464 for one full year of clinical internship, with interns being paid biweekly. Florida has no state income tax, and interns may elect to be covered by the state's health insurance options for an additional monthly fee.

Training Year: The starting date for the 2018-2019 training year is Friday, August 10, 2018, and the completion date is Thursday, August 8, 2019.

The State of Florida supports a Drug-Free workplace. All employees are subject to reasonable suspicion drug testing in accordance with Section 112.0455, F.S., Drug-Free Workplace Act.

### Physical Examination

A physical examination is required of all new employees, including interns. NEFSH will provide this service at no expense to interns. In addition, interns must undergo tuberculosis screening. TB testing is done in two parts and this test will be conducted at NEFSH at no cost to the interns. Interns may also use their own healthcare provider. If this option is chosen, you must contact Dr. McManus for instructions.

### Physical Requirements

Requirements for all employees, including psychology interns, are possession of physical abilities allowing for stooping, bending and lifting up to 10 pounds, contact with residents who may become verbally and physically aggressive, prolonged walking and sitting, mobility around a large campus setting including exposure to weather elements typical of Florida, and sight and auditory interactions with residents, family members and staff. NEFSH is subject to the Americans with Disabilities Act and reasonable accommodations for covered employees will be arranged in accordance with this Act.

*Applicants requiring a reasonable accommodation, as defined by the Americans with Disabilities Act, must notify the agency hiring authority and/or People First Service Center (1-877-562-7287). Notification to the hiring authority must be made in advance to allow sufficient time to provide the accommodation.*

### Background Check

It is the policy of the Florida Department of Children and Families that any applicant being considered for employment must successfully complete a State and National criminal history check as a condition of employment before beginning employment, and if applicable, also be screened in accordance with requirements of Chapter 435, F.S. No applicant may begin employment until the background screening results are received, reviewed for any disqualifying offenses, and approved by the agency. Background screening shall include, but not be limited to, fingerprinting for State and Federal criminal records checks through the Florida Department of Law Enforcement (FDLE) and Federal Bureau of Investigation (FBI) and may include local criminal history checks through local law enforcement agencies.

## **LIVING ARRANGEMENTS AND SURROUNDING COMMUNITIES**

Northeast Florida State Hospital (NEFSH) is located in Macclenny, Florida. Macclenny is a small town located approximately thirty miles west of Jacksonville and sixty miles north of Gainesville. With a population of less than 7,000 people, Macclenny offers a quiet, rural lifestyle for those who prefer small town living. The Macclenny area offers a multitude of outdoor activities and parks. The nearby Ichetucknee Springs State Park is designated as a National Natural Landmark. The river's year-round temperature is 72 °F (22 °C) making it a favorite of locals for tubing on hot summer days. North of Macclenny, just across the Georgia state line is the Okefenokee Swamp National Wildlife Refuge which is the largest swamp in North America and a wonderful place to see unique species of carnivorous plants and rare birds. Most hospital staff reside in either Macclenny, Jacksonville, or Gainesville. Although it is a small town, Macclenny does have duplexes, apartments, and houses that may be leased.

Many previous interns have commuted from Jacksonville where apartments are plentiful and moderately priced. Jacksonville has a population of approximately one million people in the metropolitan area. In 2013 Forbes Magazine ranked Jacksonville as one of the "Top 10 Best U.S. Cities to Find a Job." Leisure and recreational activities are plentiful; water sports enthusiasts and nature lovers will enjoy both the St. John's River and Jacksonville beaches. Jacksonville has a professional football team, a championship minor league baseball team, and a professional soccer team. Cultural offerings include a symphony orchestra, a range of museums, and a monthly downtown "art walk." Gainesville is approximately an hour commute from Macclenny and is home to the University of Florida. The sports teams are passionately supported and have a national following. Gainesville also offers major art galleries, a professional ballet company, and both state and community theaters. For those who like outdoor activities, Gainesville is also home to numerous parks, a botanical garden, and a large state preserve.

## **REQUIREMENTS FOR INTERNSHIP APPLICATION**

Applicants for internship training at NEFSH are required to meet each of the following criteria:

1. Student in clinical or counseling psychology from a program accredited by the American Psychological Association.
2. Completion of all of the academic portions of the doctoral program prior to internship (excluding dissertation or research requirements).
3. Endorsement from the applicant's director of graduate training or department chair that she/he is prepared for a doctoral internship.
4. Completion of all practicum experiences required by the applicant's program.
5. A Master's Degree must be conferred by the date of the interview in January 2018.

**NOTE:** Students with a Master's Degree in Social Work or Pastoral Counseling will not be considered. Students from correspondence or self-study programs will not be considered.

6. Applicants must be United States citizens.

As a guideline, 1000 hours of supervised doctoral practicum experience is preferred. These hours may be distributed among doctoral supervision, assessment, and intervention activities. Applicants that are close to meeting 1000 hours of supervised practicum experience are encouraged to apply if they can demonstrate a strong fit with the internship site based on their previous experiences and interests.

***The NEFSH Doctoral Psychology Internship Program endeavors to recruit from diverse universities and geographical areas. Variations in experience and theoretical approaches are welcomed. Minority applications are strongly encouraged. Attracting interns from diverse backgrounds is of great importance for the internship program and reflects the training faculties commitment to the treatment needs of our extremely diverse and underserved population.***

## **APPLICATION DOCUMENTS AND DEADLINE**

1. Completed AAPI Online application which includes a cover letter, curriculum vitae, Director of Clinical Training verification of eligibility and readiness, all graduate transcripts, and three letters of recommendation. The online application may be accessed at [www.appic.or](http://www.appic.or).
2. Please specify in your cover letter the two major rotations that you are most interested in completing if matched to the NEFSH internship program. This specification is to help supervisors determine your interests. If matched, an intern is not guaranteed the rotations specified in his/her cover letter. Current options for the major rotations during the internship year include Adult Inpatient/SMI rotation, Geriatric rotation, and Forensic rotation.
3. A de-identified psychological assessment attached as supplemental material to the AAPI online application.
4. Transcripts of undergraduate training are not required.
5. The three letters of recommendation must be from licensed psychologists.

APPIC Program Code Number is 120911

**Deadline for application: All applications must be posted and available for our review by November 1, 2017**

## APPLICATION PROCESS

After a review of materials, applicants still under consideration will be invited for a site visit. The site visit will be an opportunity to see the facility, meet internship faculty and current interns, and discuss the internship program. Selected applicants will be contacted by November 29<sup>th</sup> 2017, to arrange an interview to take place in January 2018. Applicants no longer under consideration will also be notified by November 29<sup>th</sup>, 2017. While an onsite interview is required, several dates are available to accommodate applicants' schedules. The onsite interview process is scheduled for four hours. Applicants will have at least two interviews lasting between 30-45 minutes with members of the internship training program. In addition to interviews, the site visit will include a brief writing activity, a presentation about the facility, a campus tour, introductions to the training faculty, and time with the current internship class. Throughout the interview process, applicants will have ample time to ask questions and meet training faculty.

Requests for phone/Skype interviews will be considered under extenuating circumstances, and a campus visit is still required by all applicants. Requests for rescheduling interviews and campus site visits will be handled on an individual basis. If invited to interview, applicants are strongly encouraged to choose one of several specified interview dates.

Below are the tentative interview dates for candidates applying for internship in fall 2017:

Friday morning, January 5th, 2018

Saturday morning, January 6th, 2018

Monday afternoon, January 8th, 2018

Friday morning, January 19th, 2018

Monday afternoon, January 22, 2018

NEFSH will participate in the APPIC computer matching system for intern selection for the coming year. Applicants must obtain an Applicant Agreement and register for the Match in order to be eligible to match to our program. You can download an Applicant Agreement at: [www.natmatch.com/psychin](http://www.natmatch.com/psychin) or send a written request for an Agreement to: 595 Bay Street, Suite 501, Box 29, Toronto, Canada M5G 2C2. Notification of your final status relative to this internship will be through the APPIC Matching Service. This internship site agrees to abide by the APPIC Policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant prior to Match Day.

Correspondence concerning the internship should be sent to:

**Summer Scott, Psy.D. Director of Internship Training**  
**Northeast Florida State Hospital Psychological Services**  
**7487 South State Road 121, Box 135**  
**Macclenny, Florida 32063-9777**  
**Telephone: (904) 259-6211, ext.1804**  
**Fax: (904) 259-7195**  
**Summer.Scott@myflfamilies.com**

## **APA COMMITTEE ON ACCREDITATION**

For questions related to this program's accredited status you may contact:

Office of Program Consultation and Accreditation  
American Psychological Association  
750 1st Street, NE, Washington, DC 20002  
Phone: (202) 336-5979  
Email: apaaccred@apa.or

## **PSYCHOLOGY STAFF**

Jennifer McManus, Ph.D. – *Director of Psychological Services*

Dr. McManus graduated from the California School of Professional Psychology at Alliant International University in San Diego in 2011 with a degree in Clinical Psychology. She completed her doctoral internship and post-doctoral residency at NEFSH. Dr. McManus served for several years as the Assistant to the Director of Intern Training and in July 2016 was promoted to Director of NEFSH Psychological Services. Her professional interests include education and training in the field of psychology, suicide prevention, integrative psychotherapy, Dialectical Behavior Therapy informed treatment, Trauma Informed Care, the integration of psychology and music, psychodynamic theory, and research. She will be available to supervise interns on Administration Minor Rotations during the 2018-2019 internship year. In her spare time, Dr. McManus enjoys traveling, attending music festivals, visiting art museums, and spending time with loved ones.

Angel L. Arizaga, M.A., RMHCI

Mr. Arizaga received his Master's Degree in Mental Health Counseling from Webster University in 2012. He completed his master's degree internship requirements at Northeast Florida State Hospital and after graduating he stayed and worked as a Rehabilitation Therapist. He has experience working with mentally ill inmates as a Human Service Counselor at Florida State Prison. Professional interests include individual therapy, forensics, and severe mental illness. He enjoys Heat Basketball, Dolphins' Football, working in his yard, and spending time with family and friends.

Megan E. Arnold, M.A., RMHCI

Ms. Arnold received her Master's Degree in Forensic Psychology from Argosy University - Sarasota in 2013. She is a Registered Mental Health Counselor Intern working towards Florida licensure. Because of her interests in severe mental illness and forensic psychology, she decided to pursue a career path at NEFSH after working as a Substance Abuse Counselor in a private, outpatient facility. When Ms. Arnold came to NEFSH, she began as a unit Social Worker, and then Social Worker Supervisor, before joining the Psychology Department as a Behavioral Specialist. Ms. Arnold's favorite hobbies include: exercising, music/lyric interpretation, going to the beach, DIY projects, and spending time with her family.



Anita J. Avakian, Psy.D.

Dr. Avakian is a 2006 graduate of the University of Indianapolis where she earned her Doctoral Degree in Clinical Psychology. She completed her internship at NEFSH and also did her postdoctoral training here. She is licensed in Florida. Professional interests include individual therapy, anxiety disorders, and severe mental illness. Outside of work, she enjoys traveling, listening to music, and spending time with friends and family and her poodle.

Theresa Baker, Psy.D.

Dr. Baker is a 1998 graduate of the University of Northern Colorado. She completed her clinical internship and postdoctoral training in forensic psychology at Florida State Hospital. As a licensed psychologist, Dr. Baker has performed over 1000 forensic evaluations, testified over 100 times, and has been qualified as an expert witness in forensic psychology, mental retardation and mental illness. In addition to her forensic specialization, Dr. Baker's area of special interest is the interplay of personal ethics with the delivery of psychological services. Outside of work, she loves traveling, photography, gardening and bird-watching.

Aron Bell, M.Ed. LMHC

Mr. Bell received his Master's Degree from the University of North Florida in Mental Health Counseling. He worked at NEFSH first as a Rehabilitation Therapist and now as a Clinical Counselor in the Psychology Department. He has experience as a Forensic Psychological Specialist in corrections. He has a systemic approach to counseling and is licensed as a Mental Health Counselor. In his spare time, he enjoys watching basketball and going to football games. Mr. Bell works on Cypress Village.

Anne Downing, BSW

Ms. Downing is the Forensic Discharge Coordinator for the hospital. She works with the hospital, community mental health providers and the court system to coordinate discharge for forensic individuals who have been recommended for conditional release. Ms. Downing received her social work degree from the University of West Florida, and has completed course work toward the MSW, through Florida State University. Ms. Downing has worked at NEFSH since 1992. She enjoys gardening, travel, and the beach.

Stephanie Carter, Psy.D.

Dr. Carter earned her Doctorate of Psychology from Florida Institute of Technology in 2017. She completed her clinical internship at Northeast Florida State Hospital and is completing her postdoctoral training at Northeast Florida State Hospital. She has an interest in forensic psychology and completed a forensic major rotation during her internship. Additionally, she has an interest education and was able to develop and implement an Incompetent to Proceed (ITP) staff training as part of her administration minor during her internship. In her spare time, she enjoys spending time with her friends and family, reading, and all things Florida State football (Go Noles!).

### Jane Echterling, Ph.D.

Dr. Echterling received her Ph.D. degree in Clinical Psychology from Nova Southeastern University in 1999. She has been licensed in Florida since 2003. She is a member of the North Central Chapter of FPA. Her professional interests include geriatrics, the psychotherapeutic process, and disability issues. Outside of work she enjoys cuddling with her cat, folk and acoustic music, sushi, and Philadelphia Phillies baseball. Dr. Echterling works on Shady Oaks Village.

### Darah Granger, Psy.D. – Forensic Coordinator

Dr. Granger received her Doctorate from Argosy University-Atlanta in 2008. She completed both her internship and postdoctoral residency at NEFSH. She is licensed as a psychologist in Florida. Dr. Granger currently coordinates the forensic services at the hospital and performs competency evaluations, violence risk assessments, and forensic evaluations on individuals found Not Guilty by Reason of Insanity throughout the hospital. Her research interests include malingering, psychopathy, and violence risk assessment. Dr. Granger is also an adjunct professor at Florida State College at Jacksonville. When not working she enjoys cooking and spending time with friends and family.

### Edith Hunt, M.S., M.Ed., RMHCI

Ms. Hunt is a Registered Mental Health Counselor Intern and is completing her supervision hours for licensure. Ms. Hunt moved to North Florida from Niagara Falls, New York, in May 2014. She has a Master's Degree in Education in School Counseling (2012), and a Master of Science Degree in Clinical Mental Health Counseling (2014), from Niagara University. Before coming to Northeast Florida State Hospital she worked at Starting Point Behavioral Health as an Intervention Counselor in a local High School. Ms. Hunt's past experiences focused on working with children from the ages of 4 to 18 years. She is excited for the opportunity to integrate, become familiar with and work with the people served at NEFSH. She enjoys spending time with her daughter and grandson - who are the main reason why she moved to Florida! She also enjoys spending time with her spoiled American Staffordshire Terrier: Diana.

### Bill Oigarden, Ph.D., LMHC, NCC

Dr. Oigarden is a graduate of Barry University, a licensed psychotherapist, and a trained Narrative Therapist. He earned his Ph.D. in Counseling with a specialization in Marital, Couple, Family Counseling/Therapy. He has a passion for Adlerian therapy with underpinnings of psychodynamic psychotherapy. Since the late 1980s, he has been helping people feel better about themselves in the corporate, school, hospital, and private practice setting. His research interests include psychobiology, alternative five model of personality, extreme/high-risk activities, emotional arousal, alexithymia, and family systems. Prior to becoming a psychotherapist Dr. Oigarden spent two decades as a technical instructor and systems engineer. He has taught in settings as varied as a pioneering cave diving instructor to training international engineers in manufacturing of the Patriot Missile. He also had the honor to be a part of the Pershing II Missile destruction verification process as part the 1988 Intermediate-Range Nuclear Forces (INF) Treaty with the Soviet Union. Outside of work, Dr. Oigarden continues to explore underwater caves. He is a licensed United States Coast Guard Captain and enjoys being on the water as often as he can.

Norma Owens-Hixon, M.Ed., LMHC

Ms. Owens-Hixon received her Master's Degree from the University of North Florida in Mental Health Counseling. She is a Florida Licensed Mental Health Counselor and worked at the hospital first as a Mental Health Program Analyst/Auditor and now as a Clinical Counselor in the Psychology Department. She has experience as a Child Protective Investigator and Family Service Counselor. She is dedicated to facilitating positive growth and enriching the lives of others by endorsing an eclectic approach to counseling. In her spare time, she enjoys walking and arts & music. Ms. Owens-Hixon works in Shady Oaks and Walden Village and has an interest in learning more about the geriatric population.

Summer Scott, Psy.D.- Director of Internship Training

Dr. Scott received her Doctorate in Clinical Psychology in 2012 from the University of Indianapolis in Indianapolis, Indiana. She completed both her internship and postdoctoral residency at NEFSH. She is licensed as a psychologist in Florida. Dr. Scott has served as the Director of Internship training since February 2017. Her professional interests include the treatment of serious mental illness, public service, and humanistic psychology. Dr. Scott's personal interests include spending time with family and pets, group exercise, and football Sundays.

Kenneth Vest, B.S., A.A.S.

Mr. Vest holds a Bachelor of Science Degree in Telecommunication Operations and Management from the University of Florida's College of Journalism and Communications. He earned the degree in 1993 while working full-time in public television at WUFT-TV. He worked as a public broadcaster in both television production and engineering for twenty years. In 2000 he came to work at Northeast Florida State Hospital as a Publication Production Specialist. In 2009 he was named NEFSH Employee of the Year. In 2012 Mr. Vest joined NEFSH Psychological Services and provides administrative assistance, audio-visual work, and desk-top publishing. Mr. Vest has more than thirty years of public-service employment with the State of Florida. His outside interests include astronomy, history, guitar, travel, and photography.

Fred Wiest, M.S., LMHC, CAP, LPN

Mr. Wiest earned a Master's Degree from the University of North Florida in 1987 in Alcohol and Substance Abuse Counseling. He has worked at NEFSH since 1975, starting as a Licensed Practical Nurse. Mr. Wiest has worked in Nursing, Service Planning, Social Services, and the Psychology Department. He retired in 2006 after 31 years of service. He was working in the Psychology Department as a Psychological Specialist at the time of his retirement. Mr. Wiest returned to NEFSH in 2007 as a Recovery Team Coordinator and worked in that department until January of 2015 when he returned to the Psychology Department as a Behavioral Specialist. Mr. Wiest is also a Certified Addictions Professional (CAP). In his spare time, he enjoys spending time with his family and going to the mountains in North Carolina.

Tara Wright, Freddie Smith, Jerome Carter - Behavior Programming Specialists (BPS).

The BPS staff assist in the development and implementation of behavior plans for residents in need of more intensive behavioral interventions. They complete Personal Safety Plans on each resident upon admission. They assist in group coverage and provide individual supportive interventions along with delivery of reinforcement as indicated by behavior plans.

### Other Hospital Staff

Other hospital administrators, psychiatrists, primary care physicians, social workers, recovery team coordinators, rehabilitation therapists, nurses, and consultants provide additional contact throughout the year to psychology interns. Much of this is in the form of case discussions, clinical problem solving, and hospital wide service delivery issues. Interns are encouraged to use these additional contacts as further training opportunities.

### **PREVIOUS INTERNS**

#### 1997-1998

Rhaina Smeds (California School of Professional Psychology - Fresno) is licensed in Florida.

#### 1998-1999

Manuel Raposo (Howard University) is licensed in Maryland and has worked as program coordinator in an intervention program with child victims of domestic violence.

#### 1999-2000

Vigita Reddy (Illinois School of Professional Psychology) is licensed in New York and is working at the Department of Disability Determination.

Trevor Parr (Texas A&M - Commerce) is licensed in Texas and working in private practice with the school system.

Cynthia Glines (John F. Kennedy University) is licensed in New York and Idaho.

#### 2000-2001

Gail Kibiger (University of Indianapolis) is licensed in Indiana and is Program Manager and Clinical Psychologist at a community mental health center.

Kathleen Herron Rossetter (Illinois School of Professional Psychology) is licensed in FL and working with the Florida Agency for Persons with Disabilities.

Leslie Case (University of South Dakota) is licensed in Florida and is working in private practice.

### 2001-2002

Shirley (Fisk) Watkins (Forest Institute of Professional Psychology)

Kristen Hudacek (Argosy University/Tampa) is licensed in Florida and Virginia. She is a certification Sex Offender Treatment Provider (CSOTP) in Virginia.

Mary Rolison (University of Oklahoma) is licensed in the state of Oklahoma and is the lead psychologist for a specialized transitional living unit in the Oklahoma Department of Corrections.

Diana Garcia (Marywood University) is licensed in Ontario, New Foundland and Labrador. Her private practice *Capital Psychological* employs four clinicians.

### 2002-2003

Ilisa (Brumer) Kaufman- (Nova Southeastern University) is licensed in Florida.

Elizabeth (Hacker) Magro (Florida School of Professional Psychology) working with severely emotionally disturbed children and adolescents.

Rachel Salerno (Nova Southeastern University) is licensed in the state of Florida and is currently working at G&G Healthcare Services in North Miami Beach, Florida.

Jackie Scheff (Xavier University) is licensed in Florida and works as a senior psychologist in a correctional setting.

### 2003-2004

David Cannon (University of Alabama) is working as a Senior Trial Consultant in California.

Mathieu Kamburian (Nova Southeastern University) worked at Thompson Academy, a private agency, in the juvenile justice system.

### 2004-2005

William Anzalone (Nova Southeastern University) is licensed in Pennsylvania and is coordinating the Luzerne County Mental Health Court and has a forensic private practice.

Carissa Goldbeck Bokelberg (Argosy/Atlanta) is licensed in Louisiana and is currently working in a child/adolescent developmental neuropsychiatric outpatient unit in New Orleans.

Anita Avakian (University of Indianapolis) is licensed in Florida and working at Northeast Florida State Hospital as a Senior Psychologist.



### 2005-2006

Annotolee King (Nova Southeastern University) is licensed in Florida, and working as a psychologist at a college counseling center.

Darah Granger (Argosy University-Atlanta) licensed in Florida and working as the coordinator for Forensic Services at Northeast Florida State Hospital as a Senior Psychologist.

Aaron Kilts (Argosy University-Atlanta) is licensed in Georgia and is working for the VA.

Elizabeth Layton Depelteau (Florida Institute of Technology) is licensed in Florida and is working as a psychologist in a community mental health setting.

### 2006-2007

Cynthia Michelle Solecki (Nova Southeastern University) is licensed in North Carolina and working at a military hospital installation.

Michael Wiltsey (Drexel University) is licensed in New Jersey and is employed as Director of Forensic Services in an independent practice.

Jennifer McManus (California School of Professional Psychology at Alliant International University – San Diego) is licensed in Florida and is the Director of Psychological Services at Northeast Florida State Hospital.

### 2007-2008

Lari Meyer (Marquette University) is licensed in Florida and Ohio.

Tracy Clemans (Argosy/Tampa) is currently working at a VA in Denver, Colorado.

Katherine Donnelly (University of Hartford) is licensed in Massachusetts. She is employed at a VA facility and has a private practice.

Krista Puente Trefz (Florida Institute of Technology) is licensed in Florida and has a private practice working with children, adolescents & their parent(s).

### 2008-2009

Kiana Wright (GA School of Professional Psychology) is the Community Forensic Director with the Georgia Department of Behavioral Health and Developmental Disabilities.

Abigail Patterson (Nova Southeastern University) is licensed in Florida and working at a military medical center.

Susana Lozada-Murray (Argosy-Tampa) is licensed in Florida and working in private practice.

### 2009-2010

William Bruer (Argosy Atlanta) is licensed in the state of Georgia and working at the Atlanta Veterans Affairs Medical Center.

Elizabeth Burns (Florida Institute of Technology) is licensed in the state of New York and is working in a state hospital.

Geeta Arora (Argosy, Tampa ) is licensed in Florida and working in private practice as well as a general hospital setting.

### 2010-2011

Allison Gunderson (Argosy, Hawaii) is licensed in Hawaii and working as a Forensic Examiner.

Jessica Karle (Nova Southeastern University) is licensed in Florida and working in a community mental health setting.

Meghan McBrearty (Pacific University) is licensed in Hawaii and working at a state/county hospital as a Supervising Psychologist.

### 2011-2012

Chad Breznay (Florida Institute of Technology) is working at Treasure Coast Forensic Treatment Facility in Florida.

Summer Scott (University of Indianapolis) is licensed in Florida and working as a Senior Behavioral Analyst at NEFSH.

Sierra Trainor (Illinois School of Professional Psychology) is licensed in Florida and is working in a private practice in Jacksonville, Florida.

### 2012-2013

Catherine Drew (Florida State University) is licensed in Florida. She has a private practice is has been appointed to the Florida Board of Psychology.

Laura Brown (Louisiana State University) is licensed in LA and working at a hospital in Baton Rouge.

Katherine Cypress (Argosy, Florida School of Professional Psychology)

### 2013-2014

Barrett Kern (Roosevelt University)

Kari Eng (Forest Institute, Springfield, Missouri) is licensed in the state of Florida and working in a private practice.

Sabrina Martin (Argosy Tampa) is licensed in Florida and working as an Independent Contractor for Achieve Wellness Group, LLC and teaching at a Community College.

### 2014-2015

Deanna Oberle (Florida School of Professional Psychology) is licensed in the state of Florida and working in a private practice.

Ciana Mickolus (Nova Southeastern University) is a licensed psychologist at Northeast Florida State Hospital.

Heather Nelson (Wright Institute) is working in the San Francisco Bay area.

### 2015-2016

Katherine McCoy (Chicago School of Professional Psychology, DC campus) accepted a post-doctoral position at a state hospital in Virginia.

Stacie Price (Nova Southeastern University) accepted a postdoctoral position at a private forensic practice in the Atlanta area.

Michelle Jacobs Lopez (Albizu University – Miami Campus) accepted a post-doctoral position at a neuropsychology practice in the Ft Lauderdale area.

### 2016-2017

Araks Akopyan (La Verne University) accepted a post-doctoral position with the California Department of Corrections and Rehabilitation.

Katia Arroyo-Carrion (Carlos Albizu University- San Juan) accepted a post-doctoral position at a Veteran's Affairs clinic in the Miami, Florida.

Stephanie Carter (Florida Institute of Technology) accepted a post-doctoral position at Northeast Florida State Hospital.

## **INTERNSHIP PROGRAM ADMISSION, SUPPORT, AND INITIAL PLACEMENT DATA:**

Date Program Tables are updated: 8/22/17

**Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:**

The Northeast Florida State Hospital (NEFSH) internship is accredited by the American Psychological Association and adheres to the scientifically informed practitioner model. The overall goal of internship training at NEFSH is to produce generalist adult psychology practitioners who demonstrate the capacity to function autonomously and responsibly. Further, interns are prepared for public service with underserved adults diagnosed with serious mental illness in an agency environment that uses an interdisciplinary team approach.

The training program's philosophy is that experiential learning most effectively takes place through guided exposure, mentoring, opportunities for self-reflection, and supervised practice with clinical populations. An intern's training year consists of two, six month major rotations. Training objectives are met through a variety of supervised experiences in the inpatient hospital environment. These experiences include direct observation, individual supervision, group supervision, and weekly didactic seminars. Over the course of the training year, interns will refine their clinical skills in the areas of group therapy, individual therapy, diagnosis, case conceptualization, report writing, clinical interviewing, and assessment with individuals with serious mental illness.

To function effectively in this program, an intern needs to exhibit strong writing skills in order to produce well-organized, well-reasoned documentation for the medical records and for civil and criminal courts. Furthermore, an intern should demonstrate willingness, interest, and clinical maturity to provide services to individuals with severe mental illness.

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:

Total Direct Contact Intervention Hours      No                      Amount: Not applicable

Total Direct Contact Assessment Hours      No                      Amount: Not applicable

Describe any other required minimum criteria used to screen applicants:

Applicants for internship training at NEFSH are required to meet each of the following criteria:

1. Student in clinical or counseling psychology from a program accredited by the American Psychological Association.
2. Completion of all of the academic portions of the doctoral program prior to internship (excluding dissertation or research requirements).
3. Endorsement from the applicant's director of graduate training or department chair that she/he is prepared for a doctoral internship.
4. Completion of all practicum experiences required by the applicant's program.
5. A Master's Degree must be conferred by the date of the interview in January 2018.  
**NOTE:** Students with a Master's Degree in Social Work or Pastoral Counseling will not be considered. Students from correspondence or self-study programs will not be considered.
6. Applicants must be United States citizens.

As a guideline, 1000 hours of supervised doctoral practicum experience is preferred. These hours may be distributed among doctoral supervision, assessment, and intervention activities. Applicants that are close to meeting 1000 hours of supervised practicum experience are encouraged to apply if they can demonstrate a strong fit with the internship site based on their previous experiences and interests.

In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave? Yes

Other Benefits (please describe): Dissertation Release Time, Professional Development Time

\*Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table



## Application documents and deadline

1) Completed AAPI Online application which includes a cover letter, curriculum vitae, Director of Clinical Training verification of eligibility and readiness, all graduate transcripts, and three letters of recommendation. The online application may be accessed at [www.appic.org](http://www.appic.org).

2. Please specify in your cover letter the two major rotations that you are most interested in completing if matched to the NEFSH internship program. This specification is to help supervisors determine your interests. If matched, an intern is not guaranteed the rotations specified in his/her cover letter. Current options for the major rotations during the internship year include Adult Inpatient/SMI rotation, Geriatric rotation, and Forensic rotation.

3. A de-identified psychological assessment attached as supplemental material to the AAPI online application.

4. The three letters of recommendation must be from licensed psychologists.

Deadline for application: All applications must be posted and available for our review by November 1, 2017

## Application process:

After a review of materials, applicants still under consideration will be invited for a site visit. The site visit will be an opportunity to see the facility, meet internship faculty and current interns, and discuss the internship program. Selected applicants will be contacted by November 29<sup>th</sup> 2017, to arrange an interview to take place in January 2018. Applicants no longer under consideration will also be notified by November 29<sup>th</sup>, 2017.

While an onsite interview is required, several dates are available to accommodate applicants' schedules. The onsite interview process is scheduled for four hours. Applicants will have at least two interviews lasting between 30-45 minutes with members of the internship training program. In addition to interviews, the site visit will include a brief writing activity, a presentation about the facility, a campus tour, introductions to the training faculty, and time with the current internship class. Throughout the interview process, applicants will have ample time to ask questions and meet training faculty.

Requests for phone/Skype interviews will be considered under extenuating circumstances, and a campus visit is still required by all applicants. Requests for rescheduling interviews and campus site visits will be handled on an individual basis. If invited to interview, applicants are strongly encouraged to choose one of several specified interview dates.

NEFSH will participate in the APPIC computer matching system for intern selection for the coming year. Applicants must obtain an Applicant Agreement and register for the Match in order to be eligible to match to our program.

Financial and Other Benefit Support for Upcoming Training Year\*:

Annual Stipend/Salary for Full-time Interns: \$22,464

Annual Stipend/Salary for Half-time Interns: Not applicable

Program provides access to medical insurance for intern? Yes

If access to medical insurance is provided:

Trainee contribution to cost required? Yes

Coverage of family member(s) available? Yes

Coverage of legally married partner available? Yes

Coverage of domestic partner available? No

Hours of Annual Paid Personal Time Off (PTO and/or Vacation):

Interns receive time off for nine state holidays and one personal day. Interns also accrue 2 hours of annual leave every pay period.

Hours of Annual Paid Sick Leave:

Interns accrue 2 hours of sick leave every pay period.

In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave? Yes

Other Benefits (please describe): Dissertation Release Time, Professional Development Time

\*Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

### Initial Post-Internship Positions

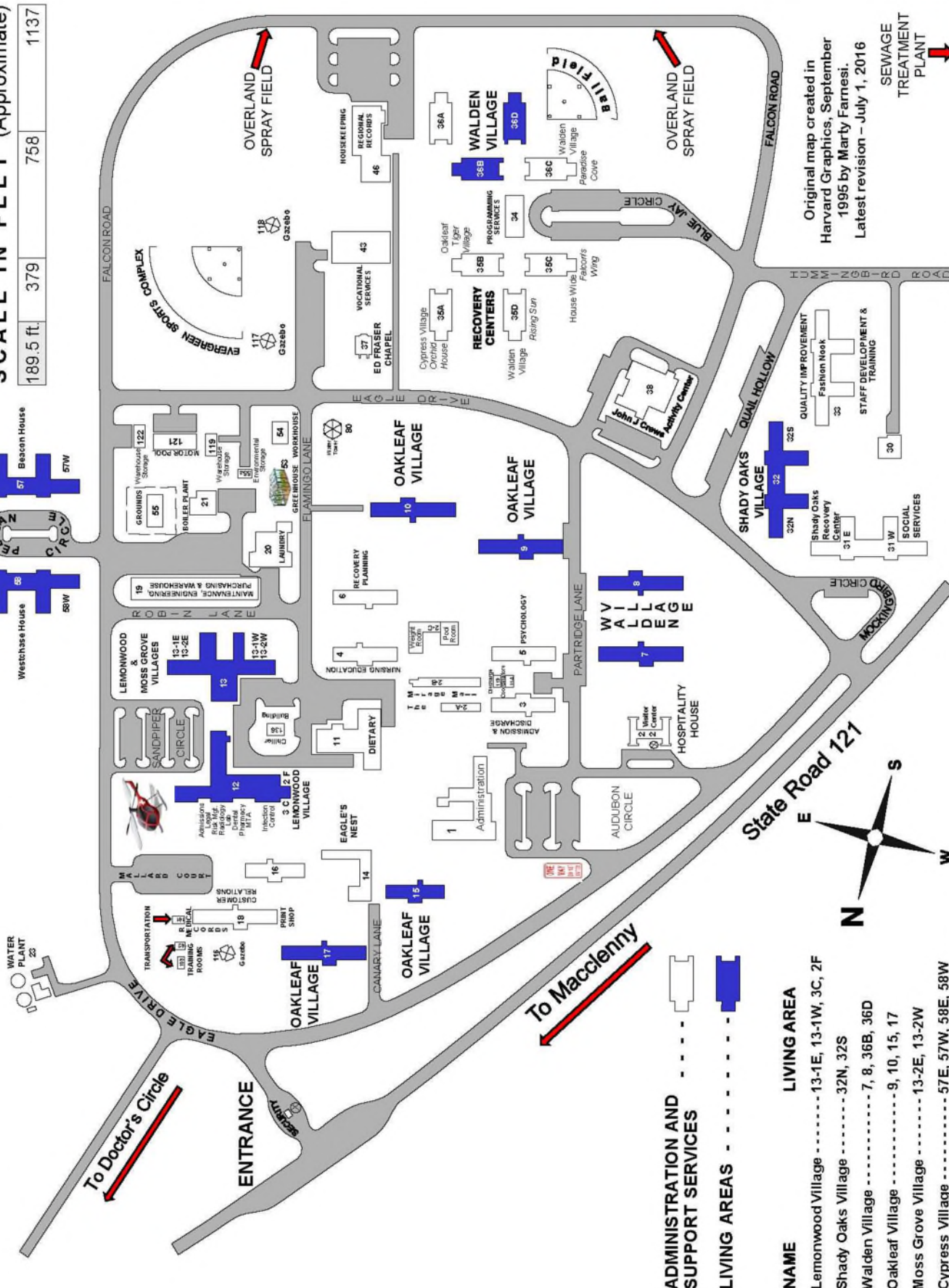
(Provide an Aggregated Tally for the Preceding 3 Cohorts)

	2013-2016	
Total # of interns who were in the 3 cohorts	9	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	0	
	<b>PD</b>	<b>EP</b>
Community mental health center		
Federally qualified health center		
Independent primary care facility/clinic		
University counseling center		
Veterans Affairs medical center		
Military health center		
Academic health center		
Other medical center or hospital	1	
Psychiatric hospital		3
Academic university/department		
Community college or other teaching setting		
Independent research institution		
Correctional facility	1	
School district/system		
Independent practice setting		3
Not currently employed		
Changed to another field		
Other		
Unknown	1	

Note: “PD” = Post-doctoral residency position; “EP” = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.

# NORTHEAST FLORIDA STATE HOSPITAL

SCALE IN FEET (Approximate)



ADMINISTRATION AND SUPPORT SERVICES

LIVING AREAS

NAME	LIVING AREA
Lemonwood Village	13-1E, 13-1W, 3C, 2F
Shady Oaks Village	32N, 32S
Walden Village	7, 8, 36B, 36D
Oakleaf Village	9, 10, 15, 17
Moss Grove Village	13-2E, 13-2W
Cypress Village	57E, 57W, 58E, 58W

Original map created in Harvard Graphics, September 1995 by Marty Farnesi.  
Latest revision - July 1, 2016





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*Florida Department of Children & Families*